

# Leicester City Council's Early Help and Prevention Offer

'Leicester City Council has a range of services for you and your families to support you. Some of these are targeted which means you or we feel that some help may be needed, not everyone can access these services but if this is the case, we will let you know' (Click on the arrows for more details)



## Childhood Services

Mainly for children and young people aged 0 - 12 years old

12 x Children, Young People and Families Centres with two in each of the six cluster areas.

Centres are open

**Monday – Thursday 8:30 – 5pm** and **4:30pm on Fridays**, click on the arrow below for details of where our centres are and contact details.

### Each cluster offers:

Advice and signposting by walking into any of our 12 centres or calling 0116 4541004

Bumps to Babies antenatal courses

Health Visitor clinics

Midwifery clinics

Stay and Play groups

Borrow toys and books for free from our Toy and Book library

Events and activities in the school holidays

Family Learning

Child Development groupwork programmes

We provide funding to help the 9 Adventure Playgrounds provide opportunities for play across Leicester

## Youth Services

For young people aged 11 – 19 and up to 25 if there is a disability

**11 Youth Clubs/Projects** running weekly in **6 locations** across the city. Sessions run between **4:30 and 8:30pm**, click on the **arrow** for more details of where the projects are and what they offer.

Youth Centres are a safe and comfortable environment where you can be yourself, meet new friends and have fun as well as get help, support and guidance on issues affecting you, from our experienced youth work team.

### Sessions are weekly unless stated otherwise:

Street based youth work teams – Youth Workers engaging young people in activities in different locations across the city

One off event – music, arts, campaigns.....

### Accredited Group Work Programmes:

- 'Managing your Own Home' – Preparing young people for independent living
- 'Which Way' – Groupwork programme reducing crime and anti-social behaviour
- 'Lads Lounge' – Boys only youth club in New Parks
- 'Girls Group' – Girls only youth club in New Parks

**Young People's Council** – Influencing service delivery and redesign through consultations and project work

**SEND Youth Group** – Youth project for young people aged 11 – 25 with and additional need or disability

**Young Carers** – Youth project for young people who have a caring role for a family member to have time out

We provide funding to support various projects in Leicester, for young people, click on the arrow for more details:

- The Centre - Lesbian Gay Bi and Trans
- Freedom Youth Club - Young Asylum Seekers
- Counselling

One to one targeted support and mentoring from a Youth Worker by calling 0116 4541004

## Children & Young People's Justice Service

For young people aged 10 - 17 who are at risk of or involved in offending behaviour

Targeted groupwork programmes to reduce offending behaviour and raise awareness of consequences

One to one support and mentoring from a Youth Advocate as part of a targeted plan

Support from a case manager to assess needs and lead on support

### Targeted support:

- to address substance misuse
- access to employment, training and education
- specialist support for young people with additional needs or a disability
- wrap around support for the family
- prevent offending

**Reparation** – A range of opportunities for young people to 'pay back' for the harm caused by an offence they committed within the community.

**Appropriate Adult Service** – Volunteers providing support for young people aged under 17 who are arrested and need to be interviewed but do not have anyone else appropriate to support them.

**Resettlement from custody** – Supporting young people on their release from custody to live within their communities safely and actively

**Victim Support** – Helping people affected by crime to have their voices heard, providing specialist support and raising awareness of the impact of crime.

**Volunteering** – Influencing decision making processes sitting on community panels, delivering projects, and providing mentoring support to young people

## Family Support Services

For children and young people aged 0 – 19 and their families

Advice and signposting by walking into any of our 12 Children, Young People and Family centres or calling 0116 4541004

### Parenting support programmes

Targeted support services for families affected by domestic abuse

Welfare Rights drop in and appointment service from some of our centres

Team around the family support known as an Early Help Assessment where more help is needed. We will work with you and other professionals to help you with any problems and issues you have.

**Family Group Conferencing Service** – led by family members to plan and make decisions for a child who is at risk.

**Well Being Practitioners** – supporting children and young people to improve their emotional well being

**Specialist Therapeutic Family Support services** working intensively with families where there is a risk of children and young people coming into care and stop this

from happening, keeping families together. These services can only be accessed by professionals within children's social care and early help and prevention services.

we also work with lots of other professionals and can offer you advice about what other services can help you such as Housing, Schools, Police, Health Visitors and School Nurses.

To find out more about our services:  [leicester.gov.uk/earlyhelp](http://leicester.gov.uk/earlyhelp)  To seek advice or make a referral for an Early Help Assessment, call our early help response team: Tel - 0116 454 1004

For contact details of our 12 Children, Young People and Family Centres, and a timetable of sessions and events, refer to: <http://families.leicester.gov.uk>

 [leicesterchildrenscentres](https://www.facebook.com/leicesterchildrenscentres)

 [leicestercityyouthservice](https://www.facebook.com/leicestercityyouthservice)